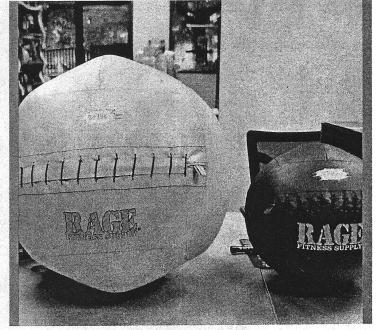


GEAR WORTH GETTING: RAGE HIGHLAND BALL

Why to Get It: Because it's an ingenious hybrid between an atlas stone (read: heavy) and a medicine ball (read: soft and leathery). You can reap all the adaptations of carrying a large, awkward sphere as each highland ball is 70 inches in circumference and 22 inches in diameter at three weight options (50, 100 and 150 pounds) while not scraping up your arms or having to worry about dropping the thing on the floor because of its recycled rubber and fiber core and vinyl outer shell. It's built to be abused, it's built to last, and it's built to make you crazy functionally strong. The return on investment is limitless.

Where to Get It: RageFitness.com

\$250 (150 pounds)



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